

# Lunch Menu

## SOUP SERVED WITH ARTISAN ROLL

**Homemade Soup** £8.00

## NJORD TOASTED SANDWICHES

CHOOSE: SOURDOUGH / CIABATTA / WRAP (GF OPTION AVAILABLE)

<b>Vegan Roasted Red Pepper</b> , Hummus, Chilli Jam, Rocket (VG)	£10.00
<b>Cajun Pulled Pork</b> , Applewood Smoked Cheese, Caramelised Onions	£12.00
<b>Tuna</b> , Mature Cheddar, Red Leicester, Spring Onion, Red Onion, Paprika	£9.00
<b>Smoked Ham</b> , Gruyere, English Mustard	£10.00
<b>Brie</b> , Fig, Apple (V)	£9.00
<b>Reuben</b> , Smoked Pastrami, Emmental, Sauerkraut, Njord's Zippy Dressing	£12.00
<b>Njord Beans</b> , Gruyere, Parmesan	£10.00
<b>Cheese Connoisseur</b> , Brie, Mature Cheddar, Emmental, Red Leicester	£10.00

## NJORD DELI SANDWICHES (GF OPTION AVAILABLE)

<b>Italiana</b> , Tomato, Parmesan, Parma Ham, Rocket	£10.00
<b>Prawn Marie Rose</b> , Iceberg Lettuce	£12.00
<b>Caprese</b> , Mozzarella, Tomato, Lettuce, Oregano (V)	£10.00
<b>Salt Beef</b> , Pastrami, Emmental Cheese, Gherkins, Sweet or Spicy Mustard	£12.00
<b>Mela</b> , Mozzarella, Apple, Rocket, Balsamic Glaze with or without Ham	£11.00
<b>Njord Club</b> , Smoked Chicken, Crispy Onions, Serrano Ham, Zippy Dressing, Lettuce, Tomatoes	£12.00

## SALADS ALL SERVED ON A BASE OF ROCKET, BABY MIXED LEAVES, VINE

CHERRY TOMATOES, CUCUMBER, SPRING ONION, RED ONION

CHOOSE: CARROT & COCONUT | HOMEMADE SLAW | 5 BEAN SALAD

<b>Chicken (Smoked or Roast)</b>	£12.00	<b>Smoked Ham</b>	£10.00
<b>Tuna</b>	£10.00	<b>Roasted Vegetable (V)</b>	£10.00
<b>Dressed Prawn Salad</b>	£11.00	<b>Cajun Pulled Pork</b>	£12.00
<b>Dressed Crab Salad</b>	£14.00		

Dressings: honey mustard | balsamic glaze | french vinaigrette | zippy | garlic mayo

## SIDES, PÂTÉS & TERRINES

<b>Smoked Mackerel Pâté</b>	£11.00	<b>Prawn Cocktail</b>	£8.00
<b>Ham Hock Terrine</b>	£11.00	<b>Coleslaw (VG)</b>	£4.00
<b>Confit Duck, Chicken &amp; Pistachio</b>	£11.00	<b>5 Bean Salad (VG)</b>	£4.00
<b>Garlic &amp; Truffle Cream Mushrooms (V)</b>	£10.00	<b>Carrot &amp; Coconut Salad (VG)</b>	£4.00
<b>Red Pepper Hummus (VG)</b>	£7.00		